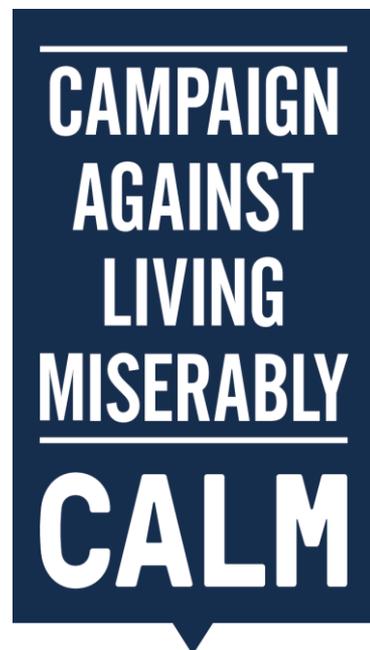


CALM Sponsorship Form

Suicide is the single most common cause of death of men under the age of 49 in the UK. CALM, the campaign against living miserably, was set up to prevent suicide and help men to feel OK about getting support and advice when they need it. We're a registered charity, number 1110621, and need all the help we can get to keep our helpline running 7 days a week. Find out more at www.thecalmzone.net



Event: 2014.

NAME: Address:

Post code Tel/email:.....

Tick here if you are happy to receive email and other forms of communication from CALM

How your money helps

- By maintaining a website and magazine where men can find help in an accessible manner.
- By keeping our free helpline, webchat and text service going every day of the year.
- By spreading the message that being silent isn't being strong, that talking about stuff is better than silence, and by giving them the information they need to overcome their problems.
- By campaigning to highlight this issue and encourage greater awareness of suicide in men.

PLEASE RETURN FORMS AND CHEQUES (Payable to CALM) TO:

**CALM, PO Box 68766,
London SE1P 4JZ**

The sponsorship forms will allow us to claim Gift Aid on money raised, so make sure you enclose all your sheets. Any queries ring 0203 697 9331.

Thank you for your support!

Data Protection

The personal details you provide will be used solely by CALM and our authorised agents for research purposes and to advise you of additional fundraising opportunities/news that may be of interest. Please tick here if you don't wish this to happen

Do you pay tax? If so, you can boost your gift by 25p for every £1 without costing you a penny.

I confirm I am a UK Taxpayer and I would like CALM to treat all donations I have made for the four years prior to this year and all donations I make in the future as Gift Aid donations until I notify you otherwise. I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand CALM will reclaim 25p of tax on every £1 that I give.



FUNDRAISER NAME:

NAME	HOUSE NUMBER/NAME (Home address, not work)	POSTCODE	GIFT AID	AMOUNT	DATE
				£	
				£	
				£	
				£	
				£	
				£	
				£	
				£	
				£	
				£	
				£	
SUB TOTAL				£	

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FULL NAME	HOUSE NUMBER/NAME (Home address, not work)	POSTCODE	GIFT AID	AMOUNT	DATE
				£	
				£	
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SUB TOTAL				£	
TOTAL AMOUNT				£	